

Yankalilla Action Plan



District Council of Yankalilla Public Health Action Plan

Key Findings

The key findings that could require a focus in the District Council of Yankalilla’s Public Health Action Plan are summarised below.

State of Health Findings	Public Health Implications
<ul style="list-style-type: none"> ▪ The LGA has a large proportion of ageing and older adults (50-69 yrs.). ▪ The LGA has a small proportion youth and young adults, suggesting that the area attracts older adults as a place to retire or young people move out of the area to pursue employment and education opportunities. ▪ The proportion of age pensioners, concession card holders and people receiving a disability support pension is high. ▪ A large number of young people (15-24 years) receive unemployment benefits. ▪ The number of children in low income and welfare dependent families is high. ▪ There are Early Childhood Development issues (vulnerable in language and cognitive, at risk with communication). ▪ Rental assistance, rental stress and mortgage stress is high. ▪ There are mental health issues in the community, particularly with males (anxiety and depression). ▪ There are health awareness issues (high rate of smoking, poor diet). ▪ Immunisation rates for children at 1 year are the lowest in the region. ▪ There are obesity concerns in the older age groups. ▪ The LGA has the second lowest SEIFA index score in the region (976) although it is only marginally below the SEIFA score for South Australia. ▪ The LGA has a number of higher health risks overall. 	<ul style="list-style-type: none"> ▪ There are a number of health issues and potential risks in the Yankalilla LGA, particularly relating to older adults and lower socio-economic families. This suggests that programs, services and information will be required to support the community and reduce the rate of health issues. Older people, families, children and youth are all at risk of health issues. ▪ There could be potential for a greater focus on health programs and services including health promotion. ▪ The District Council of Yankalilla is unlikely to have the resources to address the health issues and partnerships and funding opportunities will be important.

District Council of Yankalilla's Response to Public Health

The District Council of Yankalilla is committed to providing healthy environments and lifestyle opportunities for its community and despite the council's limited resources, the quality and diversity of facilities and programs provided or supported by the council is high. The council has developed strong partnerships with community groups and will continue to seek funds to enable public health initiatives.

However, the Regional Public Health Plan has highlighted critical public health issues within the community that are of significant concern to council, but are beyond the capability of council to address. The council's response to these issues can only be to strongly advocate for the State and Federal Governments and health stakeholders in the region to provide support and resources that will enable the social issues to be responded to through a coordinated and strategic approach over time.

District Council of Yankalilla Public Health Action Plan

THEME 1: HEALTHY ENVIRONMENTS

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Built Environments (Regional Strategy 1)	<p>1.1 Continue to undertake initiatives that enhance the built environment to support healthy communities. This includes placing a particular focus on:</p> <ul style="list-style-type: none"> - Establishing walking and jogging tracks and exercise equipment - Enhancing sports hubs and facilities - Maintaining the library and community centre 	<p>State Govt (DPTI, ORS) Federal Govt (Infrastructure grants) Developers Community groups (sports, community)</p>
Natural Environments (Regional Strategy 2)	<p>2.1 Continue to protect and maintain the natural environments in the Council area including through supporting volunteer groups involved in regeneration projects and through partnering the Natural Resource Management (NRM) group in the region.</p>	<p>DEWNR NRM Board Community and environmental groups</p>
Environmental Health (Regional Strategy 4)	<p>4.1 Continue to implement and support environmental health practices and services, with a particularly focus on:</p> <ul style="list-style-type: none"> - Waste management and recycling programs - Water, air and noise quality and controls - Food safety and food handling (audits, advice) with a focus on education and food surveillance - Inspections and permits (markets, events) - Housing safety and quality - Other health regulations implementation - Immunisation programs through school programs - Health protection promotions <p>4.2 Continue to undertake and strengthen water management with a focus on health impacts from sources (utilising proportionate enforcement where required) such as:</p> <ul style="list-style-type: none"> - Public swimming and spa pools - High Risk Manufactured Water Systems - Drinking water from local drinking water supplies <p>4.3 Ensure adequate Emergency Management to address potential environmental health issues.</p>	<p>Regional waste resource & recycling partnership Neighbouring Councils (pursuing regional cooperation opportunities) Health SA EPA Schools and community Businesses</p>

THEME 1: HEALTHY ENVIRONMENTS (continued)

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Economic Development (Regional Strategy 6)	6.1 Place a focus on strengthening 'fine foods, fresh food and markets' as part of the Fleurieu Peninsula Tourism initiative.	Fleurieu Peninsular Tourism SA Tourism Commission Businesses/ private sector State and Federal Govts (grant funding) Regional Development Australia

THEME 2: HEALTHY LIFESTYLES

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Active and Connected Communities (Regional Strategy 7 and 10)	<p>7.1 Continue to provide existing health related programs for the community such as fitness classes and Heart Moves and Heart Health.</p> <p>7.2 Continue to support community initiatives and ‘community champions’ that provide community activity and healthy lifestyles opportunities such as ‘Run Yank Run’.</p> <p>7.3 Seek funding to enable additional programs and staff resources to be allocated to creating and facilitating activity opportunities, particularly linked to community groups and schools.</p>	<p>CHSP</p> <p>Private sector</p> <p>Schools</p> <p>Community groups</p> <p>NGO’s and Peake Bodies (e.g. Heart Foundation, Cancer Council)</p> <p>Government bodies for grant funding and programs</p>
Health Education (Regional Strategy 8 and also relates to 9)	<p>8.1 Continue to provide information and training to volunteers on food health and nutrition.</p> <p>8.2 Seek resources for additional health education related programs linked to The Centre in Yankalilla and through school programs. This includes the potential for an OPAL style program in the District Council of Yankalilla area and the wider region.</p>	<p>State and Federal Govts (health funding, Health SA, ORS)</p> <p>NGO’s/ Health providers</p> <p>Community groups</p> <p>Businesses</p> <p>Schools</p>
Childhood and Youth Development (Regional Strategy 9)	<p>9.1 Plan for meeting areas for young people in parks and community facilities that support youth to connect to the community and address health issues.</p> <p>9.2 Investigate opportunities to link to existing programs for children and youth at risk provided by other Councils in the region including the City of Onkaparinga. This could require advocating for resources that will enable other Councils or health providers in the region to broaden their focus to include the District Council of Yankalilla (rather than establish new initiatives for Yankalilla.</p> <p>9.3 Continue to support and advocate for ongoing funding for the Fleurieu Families service.</p>	<p>State and Federal Govt (open space funding)</p> <p>Neighbouring Councils</p> <p>NGO’s/ childhood development and family support groups</p>
Volunteering and Skills (Regional Strategy 11)	<p>11.1 Seek resources to enable a staffing focus on supporting and increasing the sustainability of volunteers in the community. This will enable volunteer training and support for community initiatives.</p>	<p>Volunteering sa-nt</p> <p>Community groups</p> <p>NGO’s/ health providers</p>
Access to Services (Regional Strategy 12)	<p>12.1 Seek funding for community transport, including enabling existing programs in the region to broaden to the Yankalilla area.</p>	<p>CHSP</p> <p>State Govt (DPTI)</p>

THEME 3: PLANNING AND PARTNERSHIPS

Topic	Actions, Initiatives, Approaches, Projects	Potential Partners
Planning and Policy (Regional Strategy 13)	13.1 Continue to integrate public health initiatives and objectives within strategic, community and asset planning and management.	State Govt
Advocating on Social Issues (Regional Strategy 14)	14.1 Due to the critical nature of the social health issues that exist in the Yankalilla Council area and the fact that these issues are beyond the scope of the local government to address, advocate to the State and Federal Governments for support. A coordinated approach to addressing the issues with the other levels of government and health providers in the region will be essential. This will require the support of the S&HLGA and liaison with the Minister for Local Government to develop a response strategy in partnership with the State and Federal Governments. 14.2 Consider opportunities for increasing the support for socially isolated older people in the Yankalilla Council area including through additional CHSP (previously HACC) resources and ACH Group initiatives.	State and Federal governments NGO's/ health providers ACH Senior Citizens
Networks (Regional Strategy 15)	15.1 Strengthen relationships with health providers in the region through networking and advocating for groups to obtain resources so that they can broaden their services to the Yankalilla Council area.	State Govt NGO's/ health providers
Region-wide Initiatives (Regional Strategy 16)	16.1 Investigate opportunities for services to be provided to Yankalilla communities through other Councils, including Onkaparinga Council services. This will require a stronger regional approach towards providing services, including to isolated and vulnerable communities who are not currently being serviced.	Regional Councils
Funding and Resources (Regional Strategy 17)	17.1 Seek funding through other levels of government to assist the District Council of Yankalilla and communities to address community health and social issues relating to public health.	State and Federal governments Community groups and sports Private sector