

# SOUTHERN FLEURIEU COMMUNITY EVENT

**Be Fit to Live Fitness**

together with

**The Lions Club of Victor Harbor & Port Elliot**



**Present**



**World Diabetes Day**

**14 November 0830-1230**

Healthy Pancake Breakfast **\$5.00**

*A Healthy Sausage Sizzle and coffee, tea, juices, fruit and vegetables*

*A walk to take a photo at the Whales Tail for International News Agencies*

**Carrickalinga Senior Centre House**

**17 – 19 Torrens Road Victor Harbor**

**0425 605 969**

Let us know how many are in your group (2) Raffles, Music, Diabetes Information



Donation box for Diabetes Research

